

## What to Do in Special Situations

When used as directed, most people can wear contact lenses without complications. However, there may be times when your lenses or eyes may not feel their best. Find out what you can do to relieve discomfort and avoid any potential eye problems.

### When Your Lens Feels Uncomfortable

If your lens feels uncomfortable and/or if you cannot see well, check to see if the lens is centered properly on the eye. A lens can sometimes be displaced onto the white part of the eye while being inserted or during wear. If this happens:

- Locate the lens and reposition it.
- Gently massage the lens into place through closed eyelids.
- Or, with your eye open, move the lens towards the center of the cornea using finger pressure on the upper or lower eyelid.

### If the Lens Is Inserted the Wrong Way Around

- Still looking up, gently pinch the lens between thumb and index finger.
- Carefully remove it from your eye.
- If you have worn DAILIES® or FreshLook® ONE-DAY contact lenses discard them after removal. If you are wearing AIR OPTIX® brand contact lenses place them in your lens case.

### If There Is Something on the Lens

Remove the lens and:

- Check the surface for any oily/creamy substances, particles or makeup.
- Carefully rinse the lens with a saline rinsing solution before attempting to replace it on the cornea.

### If the Lens Is Torn or Damaged

- Do not attempt to use it and use a new lens

If you are still unable to see well, or if the lens still feels uncomfortable after checking all of the above points, remove both lenses and consult your eye care practitioner. He or she can help you learn how to handle your lenses correctly.

## Other Problems?

There are many benefits to lenses, but you should be aware that sometimes problems can occur.

If you do experience the symptoms below, the problem is usually minor, but it is always important to be on the safe side and REMOVE YOUR LENS IMMEDIATELY IF YOU NOTICE ANY OF THE FOLLOWING SYMPTOMS:

- **the feeling of having a foreign body in your eye**
- **red eye**
- **sensitivity to light**
- **burning, stinging, itching or watering eyes**
- **reduced visual sharpness**
- **rainbow or halo effect around light sources**
- **increased ocular secretions**
- **discomfort/pain not relieved by removing the lens**
- **severe or persistent feeling of dryness**

After you have removed your lens, examine your eye in a mirror to check for anything abnormal.

- **If the symptom disappears after removing the lens, try inserting a new one.**
- **If the symptom reappears after inserting a new lens, remove it immediately and see your eye care practitioner without delay. A serious problem such as an infection, a corneal ulcer, corneal vascularization or iritis may be diagnosed.**